WELLNESS POLICY EVALUATION CHECKLIST

Local Education Agency (LEA): North Star Academy Charter School
AGREEMENT #: 08007320 School year: 2013-14

This checklist will help LEAs evaluate the success of the wellness/nutrition policy required by USDA. Evaluation should be completed at least once per school year. It is not all-inclusive.

1. Meal Service

YES	NO	
☒	☐	- Students have been given an adequate amount of time to eat.
☒	☐	- Meal periods are scheduled at appropriate times. Lunch periods must be between 10:00 AM and 2:00 PM.
☒	☐	- All reimbursable meals offered meet federal standards.
☒	☐	- Students receive a consistent nutrition message in the classroom and cafeteria.
☐	☒	- All food preparation areas have had health inspections and received satisfactory approvals. ***Note: All schools have their most current certificate from the 2012-13 school year, however, some have scheduled and are awaiting their start of year inspections for the 2013-14 school year.***

2. A La Carte Sales

YES	NO	
☒	☐	- Foods of minimal nutritional value, as defined by USDA, are not sold, served or given away anywhere on school property before the end of the school day.
☒	☐	- Foods and beverages having sugar, in any form, as the first ingredient, are not sold, served or given away anywhere on school property prior to the end of the school day.
☒	☐	- Candy is not sold, served or given away anywhere on school property before the end of the school day.
☒	☐	- All snacks and beverages sold, served or given away anywhere on school property during the school day meet the standards set forth in the adopted nutrition policy.

3. School Store

YES	NO	
☐	☐	- Any food or beverage item sold in the school store during the school day meet the standards set forth in the adopted nutrition policy. **N/A**

☐ ☐ - A copy of the adopted nutrition policy is in the school store. **N/A**

4. Fundraising

YES	NO	
☒	☐	- Fundraising encourages healthy eating habits by promoting the sale of healthy food/beverage items or non-food products.
☒	☐	- All fundraising involving the sale of food/beverage items takes place outside of the regular school day.
☒	☐	- Parent groups and other organizations have been advised of the adopted nutrition policy and refrain from using restricted items as fundraisers.

5. Curriculum

YES	NO	
☒	☐	- State and district health education curriculum standards and guidelines include nutrition and physical education.
☐	☐	- Recess is scheduled before lunch whenever possible. **N/A**

6. Beverages

YES	NO	
☒	☐	- All beverages offered for sale do not exceed 12 ounces, except water.
☒	☐	- In elementary schools only water, milk (2% fat or less) and 100% fruit or vegetable juice is offered for sale.
☒	☐	- In middle and high schools, at least 60% of all beverages, other than water and milk (2% or less fat) must be 100% fruit or vegetable juice.
☒	☐	- In middle schools and high schools the 40% "other" beverages that are offered meet the standards set forth in the adopted nutrition policy.
☐	☐	- The adopted nutrition policy is implemented correctly for each area beverages are offered, including vending machines and the school store. **N/A**
☐	☐	- Whole milk, if offered, does not exceed an 8 ounce portion. **N/A**

7. Celebrations

YES	NO	
☐	☒	- Classroom celebrations do not include any foods defined by USDA as foods of minimal nutritional value. ***Note: We allow students to celebrate their birthdays and bring in treats. At times, this does include the occasional cake, cupcake and ice cream.***

☒ ☐ - Occasional classroom celebrations and curriculum related activities are exempt from this policy, however, strong effort is made to include healthy choices when planning these activities.

8. Personnel

YES	NO	
☒	☐	There is an active committee comprised of teachers, parents, coaches and school administration working to promote awareness of the adopted nutrition policy requirements.
☒	☐	The LEA is committed to providing support for staff so they have the skills and knowledge to implement the adopted nutrition policy.
☒	☐	The LEA will work to integrate nutrition education throughout the school day and after school programs to provide a consistent message to parents and students.
☒	☐	Households are provided information that supports the adopted nutrition policy and promotes awareness of healthy choices.
☐	☒	Food is not used as a reward for academic performance or behavior, unless noted as part of a student Individual Education Plan (IEP).
☒	☐	The adopted nutrition policy has been reviewed with all staff members and all staff are following the guidelines.

Answering **NO** to any of the questions indicates areas where improvement is needed.

Date Evaluation completed: September 25, 2013

Completed by: Christian Sparling
Name of Person responsible for evaluation as listed on SNEARS) Signature

Reviewed with Cynthia Leger on October 2, 2013
Wellness Coordinator Date

Copy of adopted nutrition policy is attached